



# HOW TO CHOOSE THE RIGHT REHABILITATION AND HEALTHCARE CENTER

LOOK FOR THE FOLLOWING CRITERIA AND RATE EACH CENTER TO DETERMINE WHICH PLACE IS RIGHT FOR YOU OR YOUR LOVED ONE.

'A NEW APPROACH TO CARE'

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ACCEPTS MEDICARE, MEDICAID, PRIVATE PAY AND PRIVATE INSURANCE



[www.sa-hc.com](http://www.sa-hc.com)  
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RATE EACH CATEGORY FOR EACH CENTER YOU TOUR: (1) UNACCEPTABLE (2) ACCEPTABLE (3) OUTSTANDING

## APPEARANCE AND GENERAL ATMOSPHERE

SAHC CENTER	OTHER	OTHER	
			Furnished well, pleasant atmosphere
			Clean rooms, smells fresh, comfortable
			Patients are groomed and nicely dressed
			Grounds well cared for

## SAFETY

SAHC CENTER	OTHER	OTHER	
			Well-lit center
			Call bells by bed and bathroom
			Handrails in hallways and grab bars in bathrooms
			Fire prevention program and equipment

## MEDICAL

SAHC CENTER	OTHER	OTHER	
			Physician available in emergency
			Patients can choose own physician
			Regular medical attention assured
			Variety of medical services such as dentist, podiatrist and optometrist are offered

## SKILLED NURSING STAFF

SAHC CENTER	OTHER	OTHER	
			Attentive and conscientious
			Friendly and courteous
			Caring and positive attitudes
			Enjoy their work
			High staff morale

## FAMILY SERVICES

SAHC CENTER	OTHER	OTHER	
			Lounges available for family visits
			Education, support and counseling
			Open visiting hours
			Flexible meeting times
			Family participation is encouraged in care planning

## DIETARY SERVICES

SAHC CENTER	OTHER	OTHER	
			Meals served in dining room
			Comfortable and inviting
			Between meal snacks
			Registered dietitian
			Special diet accommodations
			Menu options to accommodate personal preferences
			Nutritious and appetizing
			Family may eat with patient

## REHABILITATIVE SERVICES

SAHC CENTER	OTHER	OTHER	
			Variety of rehab services
			Physical therapy
			Speech and occupational therapy
			Medicare-approved
			Experience with your specific condition (ex. stroke, joints)
			Short-term and extended care
			Professional, licensed therapists

## RECREATIONAL THERAPY AND ACTIVITIES

SAHC CENTER	OTHER	OTHER	
			Music therapy
			Trips and concerts
			Games
			Volunteer programs
			Monthly activity calendar
			Daily Individual and group activities

## ADD SCORES AND COMPARE

	SAHC CENTER:
	OTHER:
	OTHER: