



# FREQUENTLY ASKED

BELOW ARE SOME COMMON QUESTIONS AND ANSWERS WHEN LOOKING FOR HEALTHCARE CENTER SERVICES FOR YOURSELF OR A LOVED ONE.

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## HOW DO I BEGIN MY SEARCH AND DECISION MAKING ON HEALTH CARE OPTIONS FOR MYSELF OR A LOVED ONE?

Start with consulting your primary care physician. He or she will help determine the level and type of care required.

## WHAT ARE MY PAYMENT OPTIONS?

Most health care centers and practices offer payment through Medicare, Medicaid, Private Pay and Private Insurance.

**MEDICARE** is a health insurance program for people 65 or older. People under 65 may qualify with certain disabilities. Medicare does not cover all expenses and is not a long-term care payment option. Medicare covers short stays in hospitals and under 100 days in a health care center.

**MEDICAID** provides medical benefits to low-income people with no medical insurance or inadequate coverage.

**PRIVATE PAY** is family or individual long-term care insurance and is not covered by a government program.

## WHAT ARE THE DIFFERENT CARE OPTIONS AVAILABLE?

**RESPIRE CARE:** Temporary health centers care for dependents who are ill, handicapped or elderly to provide relief for their regular caregivers.

**ASSISTED LIVING CARE:** Designed for those who want to retain their independence but may require some assistance with medications, bathing, dressing or meal preparation.

**SHORT-TERM CARE (Sub Acute Care):** For those recovering from illness, injury or surgery. Patients usually need additional medical and rehabilitative services before they can successfully transition from hospital to home.

**LONG-TERM CARE:** For those that need medical supervision and daily living support that can no longer be provided at home.

**HOSPICE:** For those diagnosed with a life-limiting illness. Hospice provides medical, physical, emotional and spiritual support to patients and their families.

## WHAT SHOULD I LOOK FOR WHEN CHOOSING A HEALTH CARE CENTER?

Make sure the center offers the programs specific to you or your loved one's health care needs. Ask if 24-hour care is provided, look into the qualifications of the staff and research how often therapy is provided. Tour centers for cleanliness, friendliness and the amenities that may be important to you or your loved one. Sample food, visit with other patients, talk with staff and get a feel for the environment. Find out how involved family members may be and if it is encouraged.

If you have any additional questions associated with your search and/or about our centers, please do not hesitate to contact us. We are happy to help you find the right type of care for you or your loved one.

